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# Live it 2009

**Sunday 28th June 3pm - 7pm**  
**SPEC Centre, London Colney, AL2 1AG**

**Target Age: 13 - 19 years**

**Team Sports**  
5-a-side football & volleyball tournament.  
Book your team in as you arrive.

**For fun - 5-a-side inflatable!**

**Acoustic Cafe**  
Chill out with some crafty activity, or just chill out to the music of a range of artists.  
All MC'd by our own Mike Palin!  
Cake, drinks & snacks on sale.

**Worship**  
Led by Rob Hagon  
Speaker Chris Curtis  
Drama - Rise Theatre Company

**Workshops:**  
For youth workers:  
\* **Wired Up - Technology & youth work**  
\* **Building up your youth work**  
For everyone:  
\* **Rise Theatre Company invite you to have a creative hour with them.**

**To Book call 01727 829228**  
**Cost: £5 per person**

**Leaders ticket includes a voucher for coffee & cake!**



**Food & Drinks for sale throughout event**

Information at:  
Sandra Satchell - 01727 829209 (Catholic) [www.spec.org.uk](http://www.spec.org.uk)  
Mike Palin - 07789 815516 (the267project) [www.the267project.com](http://www.the267project.com)  
Dave Green - 01727 818160 (Anglican) [www.voicemail.org.uk](http://www.voicemail.org.uk)